

Coaches' Instructions

Please read and follow these instructions:

1. Schools may only enter one team in the Team Races (NO "B Teams"), but competitive individuals without full teams may enter the team race (one to seven runners).
2. Any number of runners from each school may enter the Open Races (although varsity runners may not compete again). Full teams will be scored, although no team awards will be given.
3. In your packet, you will find single race tag ribbons labeled for each participating runner. Each runner will wear the race tag with his/her name on it on the front of his/her jersey in the appropriate race. Please do not scratch out one name and replace it with another on the labels; if you have a runner that did not get listed, report this to the scoring area to get more labels and tags.
4. When your athletes finish their race, they will be given a finish place card. This card is our backup if the electronic system fails. **Please keep these cards in "safe-keeping" in case we need them – it has happened!**
5. We will be scoring the meet from the race tag ribbons, but as a quick check back up, in the Varsity races please fill in the single scoring sheet with your runners' names, places, and approximate times if you have them. You do not need to turn in the cards unless they are requested. If a runner loses his/her tag, we will replace it in the finish chute.
6. Varsity Team Race starting positions are located on the backside of this sheet. Open Races starting positions are first come, first serve.
7. All runners should report to the starting line 10 minutes prior to the start of their race.
8. Race results will be posted as soon as possible after each race, approximately forty-five minutes. Individual and Team Awards will be given at the awards table.

If you have any problems or concerns, please see Reggie Osborne the meet manager, or Ron Althoff, the Referee and Starter of the meet's races. We will do our best to resolve any problems and answer your questions. Please do not bother the other meet "officials;" they are volunteers and are doing their best.

A Concession Stand is located near the finish line area, along with Invitational T-Shirt sales.

Spectators are asked to be aware and respectful of bicyclists on the Bike Paths, and while viewing the races, do not go beyond the bike path onto the race course.

Please note that only tents that are smaller than 200 sq. ft. are allowed by city ordinance.

Welcome to the 2014 Central Ohio Cross Country Invitational

**under the direction of Bishop Hartley High School
Saturday, September 13, 2014**

at Sycamore Fields Park of the Three Creeks Columbus Metro Park system

SCHEDULE

8:00AM Race Course Open for warm-up and walk through

9:00 Small School Girls Varsity Race (Division III and Most Division II schools)

9:40 Large School Girls Varsity Race (Division I and Possibly Larger Division II schools)

10:20 Small School Boys Varsity Race

10:50 Large School Boys Varsity Race

11:20 Small School Boys Open Race

11:55 Girls Open Race (All Divisions)

12:40PM Large School Boys Open Race

At the conclusion of the High School section

The JH Race Course will Open for warm-up and walk through

1:30 Junior High Boys Open

2:00 Junior High Girls Open

AWARDS

First, Second and Third Place Team Trophies per Varsity Division

First through Twenty-Fifth Place Medals per Varsity Race

First through Twenty-Fifth Place Medals per Open Race